



Aston Clinton School PE Overview

Thematic Concepts								
Body Movement and Management	Fundamentals	Dance	Striking and Fielding	Net	Target Games	OAA	Invasion Games	Swimming

	AUTUMN		SPRING		SUMMER	
EYFS	Introduction to PE 1	Fundamentals: Unit 1	Gymnastics	Dance	Ball Skills	
YEAR 1	Parkour (OL)	Yoga	OAA	Dance	Striking and Fielding	Athletics
YEAR 2	Fitness	Target games	OAA	Sending and Receiving	Athletics	Net and Wall
	Team building	Dance	Invasion Games	Gymnastics	Striking and Fielding	Yoga
YEAR 3	Netball	Tennis	OAA	Gymnastics	Athletics	Dance
	Fitness	Tag Rugby	Dodgeball	Golf	Yoga	Rounders
YEAR 4	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
YEAR 5	Fitness	Gymnastics	OAA	Yoga	Athletics	Tennis
	Netball	Football	Dance	Cricket	Dodgeball	Rounders
YEAR 6	Fitness	Gymnastics	OAA	Yoga	Dodgeball	Golf
	Hockey	Basketball	Dance	Cricket	Athletics	Tennis